

# EXCEL & SERVE

## NEWSLETTER

**Education is not the filling of a pail, but rather the lighting of a fire.- W.B. Yeats**

### **OLIVE GREEN FEAT**

Raised in a modest farming household in Pattra in Patiala district, Gagandeep Singh has taken a lofty stride into the Indian Army. He started out with a small dream of tasting urban culture when he got selected for the two-year competitive training programme at BJFI. Little did he know that not only will this new home open the gates for a computer science degree in PEC but also fuel his courage and determination to take a detour and pursue his latent passion to serve the country.

After a brief stint in the IT sector post his graduation, he focused to prepare for SSB and got selected for OTA, Gaya. We proudly congratulate Gagandeep on donning the uniform as a commissioned officer and are blissfully assured that he will take forward our legacy of integrity and selfless service.

Gagandeep wears the olive green with as much pride as he speaks of BJFI, his alma mater and happy place.



**Gagandeep Singh with his parents  
at the Passing Out Parade .**

“The no-mobile stricture at BJFI is disheartening in the beginning but later on, one realizes that it is a blessing as you are left with a lot of time on your hands for study and you can focus and concentrate better.”

“BJFI literally turned my life around. It was a training ground for all round development. Where the best of teachers prepared me for the mains and advanced engineering entrance tests, sports coaches honed me for athletics, which won me many medals later. At the same time, my mentors motivated me with life lessons and pushed me to give my best. Before I joined BJFI, I was totally unaware of national level competitive exams such as IIT and NIT. Moreover, it was here that I came to know about the officer level entry to the defense services, which ultimately gave shape to my dream. Not only did BJFI's fully sponsored programme help me in becoming educationally and economically sound, but it also strengthened my emotional and spiritual life.

My biggest takeaway from BJFI is that of selfless service, which I would consciously work for.”



## **OUR HIGHFLIERS!**

1. Post his MBBS from GMC Patiala, Dr Chiranpreet Gupta (BJF Stars 2016 batch) enrolled for MD (Pathology) at GMC Patiala in Feb 2025.

2. After graduating as a mechanical engineer from PEC Chandigarh, Shivam Dangwal (BJF Stars 2016) got placed at McDermott. He later joined IIM Mumbai and got into KPMG in March 2025.

3. After completing her MBBS from GMC Patiala, Dr Gurpreet Kaur (BJF Stars 2016) joined PCMS, Sangrur in 2025.

## **BJFI PROGRAMS**

### **BJF-SUPPORTED COACHING FOR ISTC-CSIO**

40-day coaching for entrance to Diploma courses at Indo-Swiss Training Centre (ISTC) of Central Scientific Instruments Organisation (CSIO)

#### **BJF NAVODAYA MISSION**

Free coaching for Class 5 students for entry into Class 6 of Navodaya Vidyalayas

#### **BJF HEADSTART**

Online programme for Class 9 and 10 students to strengthen Science and Mathematics

#### **BJF REPEATERS**

Coaching for NEET preparation for students having cleared Class 12

#### **BJFI STARS**

Two-year free coaching programme for Class 10 students for entry into medical and engineering colleges

## **UPSKILL CURVE**

### **PERKING UP**

UK based educationist and motivational speaker Sardarni Navleen Kaur held regular sessions with teachers, counselors, students and staff of BJFI from March 17 to 20. With a view to improve the teaching experience, she shared her skills as an educator with the mentors and teachers here.

She motivated the students and emphasized the need of every-day meditation by practically making them spend time with their inner selves. She inspired the students to tap the doctor and pharmacy within to heal the self first in order to be able to help others. She taught lessons of compassion and trust through games and fun activities. Her informal approach won the confidence of students, who unhesitatingly confided in her with their problems and personal issues.



**S. Amardeep Singh addressing the students at BJFI.**

### **REVISITING HERITAGE**

S. Amardeep Singh addressed the BJFI students on March 28 and apprised them of Guru Nanak's travels and the relevance of his philosophy. An MBA from the University of Chicago, USA and having worked in Hong Kong and Singapore for 25 years, Amardeep is currently the founder and director of Lost Heritage Films, a production studio.

### **WORDS OF WISDOM**

Dr Sarabjeet Singh spoke to the Repeaters Batch on time management on January 30. Having authored several books and worked extensively on drug control, he shared his world view with the students and motivated them to utilize time effectively.

### **TECH LEARNING**

Dr Sarabjot Singh conducted a session for the BJJ fraternity on Learning Management System (LMS) on February 11. Designed with the view to aid community learning in Punjab, his system apprised the teachers and students on effective education. Co-founder of Tatra Data and Sabudh Foundation, he gave tips in machine learning to students of the non-medical stream.



#### **WARM GREETINGS!**

BJFI welcomes the new batch of students and congratulates them on their success in their Class 10 exams. Wishing them a fulfilling experience at BJFI!

#### **FELICITATIONS FOR FUTURE!**

BJFI wishes its alumni great going and success as they embark on their career journey. Wishing them great placements and exciting job roles ahead!

#### **SOAR HIGH!**

BJFI alumni have set their goals sky-high by choosing to pursue higher studies. We wish our young achievers a journey full of curiosity, resilience and growth. Keep shining!

## **LEARNING CENTRES!**

Students enrolled for BJFI Stars programme undergo schooling at two CBSE-affiliated schools of Chandigarh and Mohali. We are grateful to them for providing 75-100% fee concession. These schools are:

Saint Soldier International School, Sector 28, Chandigarh (<https://www.ssis.ac.in/>)

Ajit Karam Singh International School (AKSIPS), Mohali (<http://aksips65.aksips.in/>)

## **INTERNS ON A ROLL!**

Great learning and real-world experience to the BJFI alumni who have earned worthy internships after completing their graduation in their respective fields.

- Dr Arshpreet Kaur (BJF Repeater 2019): Having done MBBS from DMC Ludhiana is doing internship from June 1
- Dr Gurpreet Singh (BJF Stars 2019): Having done MBBS from GMC Patiala is doing internship from April 30, 2025
- Dr Simran Kaur (BJF Stars 2019): Having done MBBS from GMC Patiala is doing internship from April 30, 2024
- Dr Ankita Jindal (BJF Stars 2020): Having done MBBS from GMC Amritsar is doing internship from May 2
- Dr Diksha Jehvi (BJF Stars 2020): Having done MBBS from GMC Amritsar is doing internship from May 2
- Dr Sonia (BJF Repeaters 2020): Having done MBBS from GMC Amritsar is doing internship